

## ADSS NUTRITION PROGRAM

# March

**WINTER 2016**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<u>Menu 2</u> Orange Juice Ham and Cheese Sandwich Vegetable Soup Lettuce/Tomato Whole Wheat Bread - 2 slices Mustard Mayonnaise Fudge Brownie Milk	<u>Menu 3</u> BBQ Chicken/Bun Butter Beans Coleslaw Fresh Fruit Sugar Cookies - 2 Milk	<u>Menu 4</u> Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Sour Cream Lime Gelatin Milk	<u>Menu 5</u> Apple Juice Chopped Steak/Gravy Country Potatoes Turnip Greens Cornbread Margarine Marble Cake Milk/Buttermilk	4
<u>Menu 6</u> Blended Juice Chicken and Dumplings Mixed Vegetables Pineapple Tidbits Wheat Roll Margarine White Cake Milk	<u>Menu 7</u> Chef Salad: Diced Ham Chef Salad Mix Ranch Dressing - 2 Black Bean/Corn/Salad Saltine Crackers Tapioca Pudding Milk	<u>Menu 8</u> Tomato Juice Vegetable Plate: Macaroni & Cheese Black-eyed Peas Cabbage Cornbread Margarine Nutty Buddy Milk/Buttermilk	<u>Menu 9</u> Teriyaki Meatballs - 3 Fried Rice Green Beans/Red Peppers Fresh Fruit Texas Bread Margarine Butterscotch Pudding Milk	3
<u>Menu 11</u> Cranberry Juice Brunswick Stew Brown Rice Cabbage Wheat Breadstick Margarine Fig Bar Milk	<u>Menu 12</u> Orange Juice Sausage Patty - 2 Hashbrown Casserole Hot Spiced Apples Biscuit Margarine/Jelly Apple Cinnamon Oatmeal Bar Milk	<u>Menu 13</u> BBQ Chicken Strips - 3 Country Corn Mustard Greens Fresh Fruit Cornbread Margarine Lemon Gelatin Milk/Buttermilk	<u>Menu 14</u> Grape Juice Spaghetti Casserole Green Peas Tossed Salad/Italian Dressing Wheat Breadstick Margarine Chocolate Cake/ Whipped Topping Milk	2
<u>Menu 16</u> Apple Juice Meatloaf/Tomato Sauce Delmonico Potatoes Parsiled Baby Carrots Whole Wheat Bread Margarine Chocolate Chip Cookies - 2 Milk	<u>Menu 17</u> Hamburger/Bun Baked Beans Potato Salad Lettuce/Onion/Tomato Ketchup/Mustard/Mayonnaise Hot Peach Cobbler Milk/Chocolate Milk	<u>Menu 18</u> Blended Juice Chili with Beans Buttered Rice Sliced Peaches Saltine Crackers Yellow Cake Milk	<u>Menu 19</u> BBQ Chicken/Bun Butter Beans Coleslaw Fresh Fruit Margarine Sugar Cookies - 2 Milk	29
<u>Menu 1</u> Grape Juice Chicken Tetrazzini Green Peas Cold Country Tomatoes Wheat Breadstick Margarine Peanut Butter Crème Pie Milk	<u>Menu 2</u> Orange Juice Ham and Cheese Sandwich Vegetable Soup Lettuce/Tomato Whole Wheat Bread - 2 slices Mustard Mayonnaise Fudge Brownie Milk	<u>Menu 3</u> BBQ Chicken/Bun Butter Beans Coleslaw Fresh Fruit Margarine Sugar Cookies - 2 Milk	<u>Menu 4</u> Taco Salad: Taco Meat Taco Salad Mix Pinto Beans Corn Chips Taco Sauce Sour Cream Lime Gelatin Milk	30
			<b>GOOD</b> <b>FRIDAY</b> <b>CENTERS CLOSED</b>	31
				
				
				
				
				
				
				
				